

# Fact Sheet

## Sexually Transmitted Disease (STD) Prevention

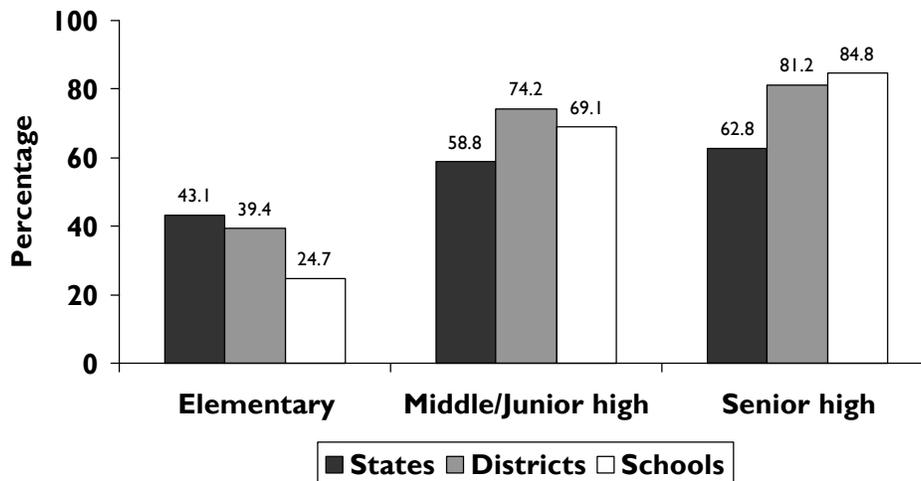
From CDC's School Health Policies and Programs Study (SHPPS) 2000

### About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the *Journal of School Health*, Volume 71, Number 7, September 2001.

### Health Education

Percentage of States, Districts, and Schools Requiring STD Prevention Education, by School Level



- Among teachers of required health education, elementary school teachers who provided STD prevention education spent a median of 1 hour per school year teaching the topic, middle/junior high school teachers spent a median of 2 hours, and senior high school teachers spent a median of 3 hours.

#### During the two years preceding the study:

- 92.2% of states and 47.5% of districts provided funding for or offered staff development on STD prevention education to health education teachers.
- 13.6% of elementary school classes, 31.8% of required health education courses in middle/junior high schools, and 46.5% of required health education courses in senior high schools had a teacher who received staff development on STD prevention education.

**Percentage of Schools Teaching Topics and Skills Related to STD Prevention in at Least One Required Class or Course, by Topic and Skill**

	<b>All schools</b>	<b>Elementary schools</b>	<b>Middle/junior high schools</b>	<b>Senior high schools</b>
<b>Topic</b>				
Abstinence as the most effective method to avoid pregnancy, HIV, or STDs	71.7	40.8	91.5	96.1
Condom efficacy	64.8	N/A <sup>1</sup>	54.1	82.9
How to correctly use a condom	33.6	N/A	20.8	55.1
How STDs, other than HIV, are transmitted	94.8	76.1	97.8	98.6
Risks associated with having multiple sex partners	85.1	N/A	81.9	90.5
Signs and symptoms of STDs	85.9	42.9	90.0	98.3
<b>Skill</b>				
Communication skills related to sexual behaviors	57.9	24.5	78.0	87.0
Decision-making skills related to sexual behaviors	59.3	33.4	74.0	83.7
Goal-setting skills related to sexual behaviors	62.3	30.7	82.8	87.4
Resisting peer pressure to engage in sexual behavior	68.4	40.4	86.8	90.5

<sup>1</sup>Data not available—question not asked at this level.

**Health Services**

- 17.6% of states and 45.0% of districts require that districts or schools provide one-on-one or small-group discussions on STD prevention to students when needed (not including classroom instruction).
- 6.0% of states and 10.4% of districts require that districts or schools provide identification or treatment of STDs to students when needed.
- 30.8% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on STD prevention to students when needed, and 12.2% have arrangements to provide identification and treatment of STDs.
- 2.0% of middle/junior high and 4.1% of senior high schools make condoms available to students as part of standard health services.

**For additional information** on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 888-231-6405, <http://www.cdc.gov/shpps>.